

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Jan Manamela**

Has successfully participated & completed the  
**10km Hennops Big 5 Challenge 2019 #2**  
held at Hennops Fields.

**TIME 01:15:54**

**PACE 07:34/km**  
**OVERALL 69 of 119**

**GENDER 39 of 51**  
**40 - 49 11 of 15**

03 March 2019, Sun

Date



*BoutTime*

Signature

